

The Fear to Faith Worksheet

2

Abundance • Balance • Beauty • Freedom • Joy • Love • Order • Peace • Power • Unity • Wholeness • Wisdom

The Word of God
on which I build my Faith is:

3

W

B

Draw a symbol of the Word of God:

The 'word of resistance' that I react with is:



6

Control • Hide • Anger • Attachment • Flee • Appease • Whine
Depression • Confusion • Lose • Withdraw • Rebel • Confront

FAITH

Draw a symbol of the false belief:

The 'word of error' that I have falsely believed in is:

5



Lack • Debt • Conflict • Limitation • Ignorance • Rejection • Death
Chaos • Judgment • Dependency • Duality • Disease • Poverty



"I desire more."

HOPE

'The Universal Hope'

What I hope will happen is:

2

Y



"I am not enough."

FEAR

'The Universal Doubt'

What I fear will happen is:

4

O

NEWNESS

The person I must forgive is:

7

The Love I Accept You _____ (Name) (Inhale)
Prayer I Bless You _____ (Name) (Exhale)

I am grateful God is gracious; I am grateful God is:

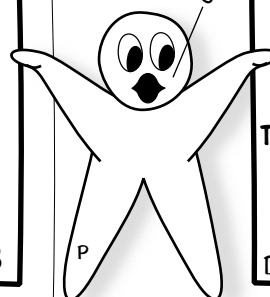
Date:

8

V

FLESH

"I am enough!"



'The Universal Truth'

OLDNESS

The current situation or condition is:

This is how I am feeling:

Date:

P

Color Code:

Pink-Physical Orange-Emotion (P+Y) Yellow-Mind Green-Intuition (Y+B) Blue-Spirit Violet-Love (P+B) White-Wholeness -Subconscious -Mystery

The Releasing Prayer



I release my belief in _____

5



(Word of Error)

I release my need to _____

6



(Word of Resistance)

I am grateful God ...is the _____

3

I am!

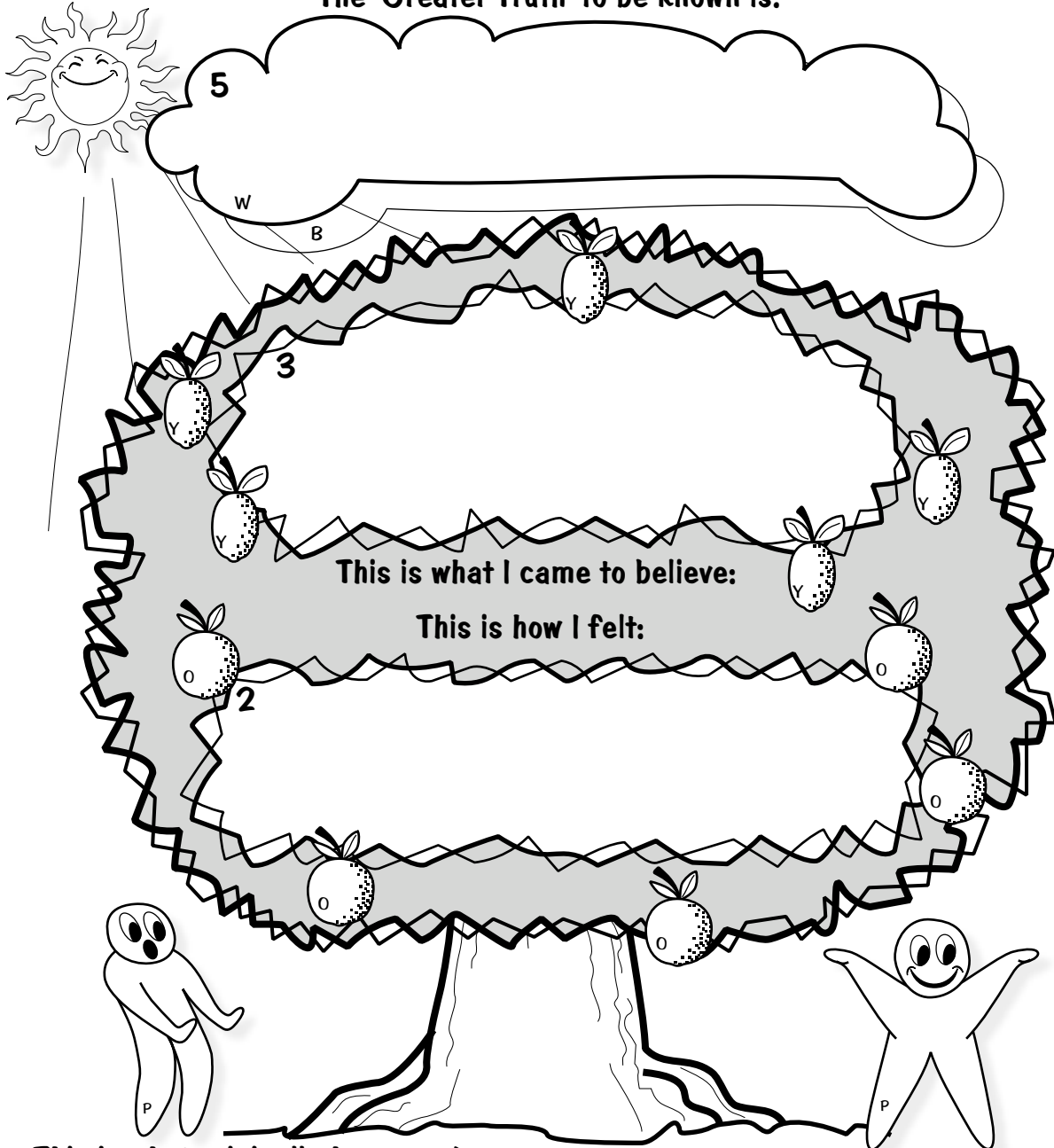


(Word of Faith)

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The 'Greater Truth' to be known is:



This is what originally happened:

1

This was my first experience with: _____ My Age: _____

This is what's happening today as a result of my belief:

4

Date: _____

