

SURYA YOGA RELEASE AND WAIVER OF LIABILITY AGREEMENT

Name:

Date of Birth:

Phone:

Email:

Address:

City/State/Zip:

How did you hear about us?

Friend / Existing Member; please name:

Other Advertisement; please name:

Do you have any physical limitations that could be aggravated by physical exercise?

If yes, please explain/describe:

I willfully enter into this Release and Waiver of Liability Agreement (this "Waiver") and by executing this Waiver, I represent and covenant that I am in good physical health and do not suffer from any medical condition which would limit my participation in the classes offered at SURYA YOGA. I agree to follow all instructions so that I may safely participate in any yoga class, workshop, event, program or activity.

I acknowledge and agree as follows (please initial each statement):

I have been examined by a physician in the past six (6) months and have found to be in good health and fully able to perform all yoga exercises which I am able to learn and perform during my participation in any yoga class, workshop, event, program or activity SURYA YOGA. _____

I agree to faithfully and diligently follow all instructions given to me by all SURYA YOGA instructors and any guest instructors as to when, where and how to perform and not perform yoga exercises, it being understood that if I deviate from such instruction, I do so at my own risk. _____

I do hereby acknowledge and agree to indemnify and hold harmless SURYA YOGA, its owners, members, managers, directors, officers, partners, instructors, employees, and guests against any injuries, damages or harm suffered by me while participating in any yoga class, workshop, event, program or activity at SURYA YOGA. _____

I represent and covenant that I have disclosed any and all physical impairments, injuries, limitations and/or other medical diagnosis is herein this Waiver and I agree to immediately notify SURYA YOGA of any physical impairments, injuries, limitations or other medical issues which I am diagnosed with and/or made aware of during my attendance at SURYA YOGA. _____

I do hereby acknowledge and represent that I intend to participate in yoga classes, workshops, events, programs and/or activities at SURYA YOGA despite any risk involved and I am willing to fully and forever release SURYA YOGA its owners, members, managers, directors, officers, partners, instructors, employees, and guests from any liability arising out of or in any way connected with my participation in any yoga classes, workshops, events, programs and/or activities at SURYA YOGA. _____

I acknowledge and agree that I am to receive instruction in yoga theory and exercise only, and I will not hold SURYA YOGA its owners, members, managers, directors, officers, partners, instructors, employees, and guests to any higher standard of care. _____

I acknowledge and agree, all fees, membership dues and payments paid to SURYA YOGA are nonrefundable. SURYA YOGA, in its sole and absolute discretion, has the right to refund any portion or all of any such fee, membership due and payment paid to SURYA YOGA. _____

I acknowledge and agree, if I am under the age of eighteen (18), a parent or legal my guardian must consent and execute this Waiver, prior to my participation in any yoga class, workshop, event, program, or activity at SURYA YOGA.

I also agree to abide by the following SURYA YOGA Code of Conduct:

I agree to check in with the front desk prior to any class, workshop, event, program or activity.

I agree to arrive on time to any class, workshop, event, program or activity at SURYA YOGA.

I agree not to leave any class, workshop, event, program or activity at SURYA YOGA during Savasana.

I agree to refrain from talking in the practice studio, chewing gum or using electronic devises (on-call physicians are excluded, however, we ask that you notify your instructor prior to class).

I acknowledge and agree SURYA YOGA is not responsible for lost or stolen personal property.

I hereby acknowledge and agree to WAIVE AND RELEASE, SURYA YOGA, its owners, members, managers, directors, officers, partners, instructors, employees, and guests from any claim, demand, cause of action of any kind resulting from or related to my participation in the classes, workshops, events, programs and activities offered at SURYA YOGA. In taking part in the yoga classes, workshops, or other events and programs at SURYA YOGA, I understand and acknowledge that I am fully responsible for any and all risks, injuries, or damages, known or unknown, which might occur as a result of my participation in the classes, workshops, events, programs and activities at SURYA YOGA.

I have read this Release and Waiver of Liability and fully accept, agree to and understand its content and application to me. I acknowledge and agree that I am legally competent to sign and voluntarily agree to the terms and conditions stated herein:

Date:

Name:

Signature:

